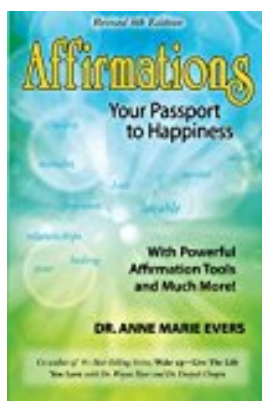


[PDF] Affirmations Your Passport To Happiness 8th Edition

Dr. Anne Marie Evers - pdf download free book



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Description:

Review There are affirmations ...and then there are affirmations. If they never worked for you before, this book will tell you why, and show you how to do it right. Evers makes a clear distinction between wishful thinking, and positive, precisely-worded affirmations, guaranteed to generate results. Filled with inspiring anecdotes, simple exercises, and specific affirmations for numerous situations, this book is a strong call to action, based on self-responsibility.

Evers is living proof of the effectiveness of her Personal Contract Affirmation Method, and it is almost impossible to read her book without feeling powerfully motivated to turn your life around. Whether you are looking for a new job, having problems in your relationship, trying to overcome a phobia, or coping with self-esteem issues, this book will show you how to obtain the results you desire. Evers explains the importance of forgiveness in the fulfillment of one's dreams, and shows readers how to release old resentments, and work with their subconscious minds in order to guarantee success.

If you feel you're falling short of your full potential, or you've lost control over your life, Affirmations may be the jumpstart you need to put you powerfully back on track. -- *Shared Vision magazine, September 1999*

From the Author Every day, I receive numerous e-mails, letters and telephone calls from various parts of the world saying how Affirmations has helped people become more focused and fulfilled. They say that it is a valuable tool for improving their lives and one of the best books available on affirmations. Readers almost always order additional copies for their family, friends and co-workers. The feedback is always very positive and encouraging.

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